

## HOSPITALITY ITINERARY

# An Exploration of Flavour

### Highlights

Sample some of Northern Ireland's tastiest ice cream at The Rinkha.

Learn to cook like the Northern Irish from the masters at Bellahill Cookery School.

Visit Glenarm's historic castle and enjoy an afternoon tea with a twist.

### Travel time

If you were to visit all the stops on this itinerary, you'd be driving for a total of:

DAY ONE - 1 HOUR

DAY TWO - 1 HOUR

Explore the culinary landscape of Mid & East Antrim – one of Ireland's Top Ten Foodie Destinations in 2018, according to the Restaurants Association of Ireland.

Dine in a coaching inn once owned by Winston Churchill. Enjoy an indulgent afternoon tea in the grounds of a historic castle. Watch master chefs prepare traditional Irish meals right before your eyes.

Taste a delicious Rinkha ice cream, only available on Islandmagee, or sample the distinctive flavour of a locally-brewed craft ale.

This is an exploration of flavour not to be missed! Join us for two days of moreish morsels with this handy itinerary.

## Day 1

### THE BANK HOUSE

Enjoy a relaxed breakfast at The Bank House – a quaint cafe in Whitehead's historic bank buildings. There's beautiful, locally-sourced food on offer, lovingly prepared by Sinead Brennan and her team. Browse the wide array of local hand crafted goods on sale and get to know the resident cat.

ALLOW  
1 HOUR





### THE RINKHA

Love ice cream? Then this is the place for you. Tourists and locals alike flock to Islandmagee to check out the famous ice cream at The Rinkha. Since 1921, the Hawkins family have been delighting tastebuds with their unrivalled recipe.

The Rinkha used to be a local dancehall. It was said that many marriages in the area started on this very dancefloor!

Have a taste of a classic flavour or indulge in one of The Rinkha Specials.

ALLOW  
30 MINS



### THE EDWARDIAN TEA ROOM

Ride the rails to the Edwardian Tea Room at the Whitehead Railway Museum.

Check out Ireland's largest collection of heritage locomotives and carriages before settling down to a bite to eat.

The Edwardian Tea Room offers a wide variety of food, all in one historic setting.

You can enjoy afternoon tea, lunch and delicious local beverages, while the kids marvel at the impressive displays.

ALLOW  
1 HOUR



### BELLAHILL COOKERY SCHOOL

From Whitehead, it's just a 15-minute drive to the Bellahill Cookery School.

If you like cooking, you will love this interactive dining experience.

Join local cookery tutor, Arlene Thompson, as she helps you get acquainted with Irish cuisine. You'll use the finest local produce, such as organic Glenarm smoked salmon, and black and white pudding from Gracehill, to create some real taste sensations.

**Note:** classes must be booked in advance.

ALLOW  
2 HOURS



### BALLYGALLY CASTLE HOTEL

A tour of Mid & East Antrim would not be complete without visiting a historic castle. A short drive along the coast will bring us to Ballygally Castle Hotel. Before we eat, let's take a scenic walk along the breezy seafront to appreciate this fine location. Once inside, you will be greeted with a roaring open fire and panoramic sea views from the lounge.

Famed for its exquisite afternoon tea, the castle provides freshly baked pastries, buttermilk scones with cream, finger sandwiches and much more. If you are a fan of Game of Thrones®, pre-book your themed afternoon tea, with Jon Snow Cakes and Baratheon Bread.

ALLOW  
1-2 HOURS



### LONDONDERRY ARMS

After a jam-packed day of exploring it's time to relax at the Londonderry Arms Hotel.

Steeped in history, the hotel was once owned by none other than Sir Winston Churchill. You can even see the deeds of his ownership hanging on the wall!

Try some of the local produce on offer in the restaurant, have a drink and settle in for the night.

STAY THE  
NIGHT

## Day 2



### LONDONDERRY ARMS

Start your day the Irish way with breakfast at the Londonderry Arms. To start, you must try the O'Neill's legendary wheaten bread. Baked fresh every morning from a 70-year-old recipe, it's a taste of traditional Irish cuisine. Fueled for the day, we will take a leisurely stroll to Carnlough's Victorian Harbour. You may recognise the picturesque setting from Season 6, Episode 7 of HBO's Game of Thrones®.

From one scenic location to another, we'll walk along the signposted trails of Gortin Quarry to the natural beauty that is Cranny Falls in the hills behind the town.

ALLOW  
2 HOURS



### WALLED GARDEN TEA ROOM

It's just a couple of miles to the village of Glenarm and its famous castle.

The grand estate stretches far into the distance and is owned by Viscount Dunluce, son of the 14th Earl of Antrim.

Whilst here, visit Ireland's oldest walled garden and try the delicious local produce in the Castle's Tea Room.

Showcasing food grown on the estate and world famous Glenarm Shorthorn beef and salmon, it's a taste of Ireland you won't get anywhere else.

ALLOW  
1 HOUR



### HILLSTOWN BREWERY

After a scenic 45-minute drive through rolling hills and plunging valleys, you will arrive at Hillstown Brewery.

Travelling is thirsty work but before you sample the beer, you must learn how it's brewed.

First, we will take a tour of the brewery, learning about the different grains and hops as we go. Then, we will see the brewers in action and get a well-deserved taste of the award-winning ale.

ALLOW  
3-4 HOURS



### **RIVER ROOM RESTAURANT, GALGORM GOLF RESORT & SPA**

Fancy a fine dining experience? Look no further than the River Room Restaurant at Galgorm Golf Resort & Spa. Relax and unwind as you experience the exquisite tasting menu at one of only Three AA Rosette restaurants in Northern Ireland.

Consisting of the finest local produce such as crabs, scallops, lamb and monkfish, you'll enjoy every morsel.

As if all this doesn't sound tasty enough, you'll also receive expert assistance in pairing each dish with a top-class wine!

**TAKE YOUR  
TIME**



### **SLEMISH MARKET SUPPER CLUB**

Step into one of the newest pop-up dining experiences in Northern Ireland – Slemish Market Supper Club.

This unique gourmet meal consists of a six-course 'surprise' menu with a drink, a wee bite, a starter, a fish course, a meat course and a dessert.

The food is consistently fantastic but the location changes each time to a different venue around Ballymena and the Glens of Antrim.

Check out their Facebook page for news of monthly dinner venues.

**TAKE YOUR  
TIME**

For more incredible adventures in a region shaped by sea and stone,  
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